

## AVOCADO PASTA

### INGREDIENTS

- ½ lb of pasta
- 1 avocado
- ½ cup spinach
- ¼ cup basil
- 1 TBSP olive oil
- 1 clove garlic
- ½ cup reserved pasta liquid
- 2 TBSP slivered almonds
- pinch of salt



### DIRECTIONS

1. Start cooking pasta and reserve ½ cup of pasta liquid.
2. In blender, blend avocado, spinach, basil, almonds, garlic and salt until very smooth.
3. When pasta is cooked, mix in sauce. Thin with pasta liquid, as needed to create desired consistency.